

1st Iranian Shared Decision Making Workshop (“no decision about me without me”)

This workshop will be highly interactive. Workshop instructors will describe core concepts of shared decision making using a seminar format and group based activities to ensure transmission of the needed information, they will also provide hands-on for participants for improving quality of learning. For example, participants will have the opportunity to evaluate a sample decision support intervention using standard internationally recognized criteria.

Background: Shared decision making (SDM) is a collaborative process that allows patients and clinicians to make this difficult decision together, taking into account the best evidence available as well as the patient’s values and preferences. Patients who participate in decisions about their health have better experiences, better outcomes and get better value for money. However, for clinicians to engage patients in SDM, they need new skills and thus SDM training is needed. Therefore, this workshop is critical, and could be the first step in improvement of Iranian health provider’s knowledge in this important aspect.

Description and Objectives: The Iranian Shared decision making (ISDM) workshop curriculum is a new initiative for Iranian medical society with the goal of having a set of introductory-level core program in foundational aspects of medical decision making, patients’ engagement and development of decision aids. This effort will serve the health providers’ need in being trained in SDM and will be the first step in improvement of health providers’ training in SDM in Iran and will be beginning of the knowledge transfer in this important aspect in international level.

Who may benefit: ISDM workshop will be beneficial for all health providers including surgeons, medical specialists, medical students, nurses, and any other specialists who assist patients to make health related decisions.

ISDM Workshop schedule:

Topic	Time	Instructor
Why patient’s engagement and communication with patients is important? (current situation)	9:00-9:15	Will be defined
Shared decision making (What? Why? When? and How?)	9:15-10:00	S.A.Rahimi
SDM implementation (Barriers and facilitators), Decision Aids & IPDAS		
Decision Aid examples developed by our team in Canada	10:00-10:30	
Questionnaire 1 and discussion	10:30-10:45	
Coffee Break	10:45-11:00	
Introduction	11:00-11:30	
Team activity	11:30-11:40	
Discussion	11:45-12:00	
Group Discussion of current problems (Questionnaire 2)	12:15-12:30	
Discussion	12:30-12:45	
Satisfaction Survey (Questionnaire 3)		